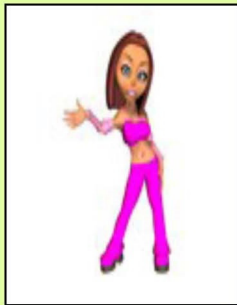




Regular Term-time



Dance & Keep Fit Classes



Wednesday Mornings

9.30am till 10.30am

***Great Maplestead Village Hall
Lucking Street, Great Maplestead***

- ***Improve and Maintain your Mobility for Everyday Activities***
- ***Safe, Relaxed and Friendly Environment***
- ***Classes to Suit Individual Needs***
- ***All Ages Welcome***
- ***Fully Qualified KFA Teacher***
- ***Fun to do, and Social too!***



Contact: Judy Cowell Tel: 07790 083 737

OR Home Tel: 01376 561 757