



You can now get an appointment with a GP, nurse or other healthcare professional in the evening and on Saturday and Sunday

To make an appointment, you can call your own GP Surgery during normal business hours or NHS111 out of hours

We want everyone in mid Essex to Live Well





People who live in mid Essex now have access to extra evening and weekend NHS GP-led appointments at one of six Extended Access Hubs.

Our Extended Access Hubs are staffed by experienced GPs, Nurses and other healthcare professionals who offer most of the routine services you might expect at your own GP surgery, such as stop-smoking support and smear tests.

How do I book an appointment?

You can book by contacting your own GP surgery's reception team and asking for an Extended Access appointment. Outside your Surgery's opening hours you can book by calling NHS111.

If you need to cancel your appointment speak to your own surgery or call 07384 579479 out of hours.

Where are the Extended **Hubs located?** Chelmsford North Chelmsford Health Centre, CM2 5EF Halstead Elizabeth Courtauld Surgery, CO9 1EX HALSTEAD Maldon Blackwater Medical Centre, BRAINTREE CM9 5GP **South Woodham WITHAM Ferrers** Greenwood Surgery, CM3 5XD (Saturdays only) MALDON CHELMSFORD Witham Douglas Grove SOUTH Surgery, CM8 1TE WOODHAM **FERRERS** (Saturdays only) **Braintree** Mount Chambers Surgery, CM7 9BY (Sundays only)

"These new extended access appointments have been extremely helpful. I work in London and it is very inconvenient having to come down to my surgery in Chelmsford at 8am. I have an ongoing problem and was just able to book an appointment for a Saturday morning which is ideal. Thanks! Alex from Chelmsford

What are the opening times?

Monday to Fridays: 6.30pm to 8pm

6.30pm to 8pm (Maldon 9pm)

Saturday, Sunday and bank holidays: 8am to 2pm

Some hours will vary slightly between the hubs, so please check when booking.

For more information speak to your own GP's reception team or visit midessexccg.nhs.uk

If you need medical help quickly – but it's not a 999 emergency – call NHS111 for more information on which health professional you should see.