

# CPR & DEFIBRILLATOR REFRESHER COURSE

for  
**Maplesteads' Parishioners**  
to be held in  
**Great Maplestead Village Hall**  
on

**SATURDAY 22<sup>nd</sup> JUNE**

**Session 1:**

**10.30am - 12.00pm**

**Session 2:**

**2.00pm - 3.30pm**



*Please wear suitable clothing, as training involves kneeling on the floor and leaning across "patients".  
Also bring a pen/pencil & notepad.*

**Refreshments will be provided**



The course is **free** – to reserve your place, please confirm your attendance and session preference in advance to:



**Ann Crisp** - E-mail: [anncrisp@greatmaplesteadpc.co.uk](mailto:anncrisp@greatmaplesteadpc.co.uk) or tel: **01787 460216**